

# Celeste Jr. High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3 VEGETABLE SOUP Cornbread Tossed Salad Chilled Peaches Milk	Jan - 4 Frito Pie Buttered Corn Tossed Salad Fresh Fruit Milk Chocolate Chip Cookie	Jan - 5 Chicken Fajitas Seasoned Pinto Beans Tossed Salad Pineapple Chunks Milk Salsa Ranch Dressing	Jan - 6 Steak Fingers Mashed Potatoes Cream Gravy Seasoned Green Beans Hot Roll Fresh Fruit Milk	Jan - 7 Pizza Tossed Salad trix yogurt Fresh Fruit Milk
Jan - 10 HOT DOG ON A BUN Chili Hot Dog Sauce Baked Beans Baby Carrots Pineapple Chunks Milk	Jan - 11 Chicken Spaghetti Seasoned Black-eye Peas Buttered Corn Hot Roll Fresh Fruit Milk	Jan - 12 Burrito Spanish Rice Tossed Salad Chilled Peaches Milk Salsa	Jan - 13 OVEN FRIED CHICKEN POTATOES AU GRATIN SPINACH Fresh Fruit Hot Roll Milk	Jan - 14 Pizza Tossed Salad Baby Carrots Mandarin Oranges Milk
Jan - 17 NO SCHOOL TODAY	Jan - 18 BBQ Beef on a Bun Baked Beans POTATO SALAD Fresh Fruit Milk	Jan - 19 Taco Salad Seasoned Pinto Beans Pineapple Chunks Milk Salsa Chilled Peaches	Jan - 20 Baked Ham POTATOES AU GRATIN Seasoned Green Beans APPLESAUCE, SWEETENED ROLLS (YEAST) Milk	Jan - 21 Pizza Tossed Salad trix yogurt Fresh Fruit Milk
Jan - 24 Hamburger/Cheeseburger French Fries Tossed Salad APPLESAUCE, SWEETENED Milk	Jan - 25 Chicken and Rice Buttered Corn Seasoned Broccoli Blushing Pears Milk	Jan - 26 Crispeto ranch beans Buttered Corn Chilled Peaches Milk	Jan - 27 Chicken Nuggets Egg rolls Fried Rice Mixed Vegetables Fresh Fruit Milk SWEET AND SOUR SAUCE	Jan - 28 Pizza Tossed Salad Baby Carrots Fresh Fruit Milk
Jan - 31 Corn Dog Pork and beans Tossed Salad Chilled Peaches Milk				

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Celeste Jr. High School Breakfast

Dec 15, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3 Assorted Cereal Assorted Muffins Chilled Juice Milk	Jan - 4 ham,egg and cheese bar Chilled Juice Milk	Jan - 5 Waffles Chilled Juice Milk	Jan - 6 BREAKFAST BURRITO W/ SA Chilled Juice Milk	Jan - 7 Assorted Cereal Assorted Muffins Chilled Juice Milk
Jan - 10 Assorted Cereal Assorted Muffins Chilled Juice Milk	Jan - 11 PLAIN BAGEL CREAM CHEESE Sliced Strawberries trix yogurt Chilled Juice Milk	Jan - 12 Pop Tarts Chilled Juice Milk	Jan - 13 Sausage and Biscuit Chilled Juice Milk	Jan - 14 Assorted Cereal Assorted Muffins Chilled Juice Milk
Jan - 17 NO SCHOOL TODAY	Jan - 18 Pancake on Stick-07 Chilled Juice Milk	Jan - 19 OATMEAL Cinnamon Toast Chilled Juice Milk	Jan - 20 Breakfast Sandwich Chilled Juice Milk	Jan - 21 Assorted Cereal Assorted Muffins trix yogurt Chilled Juice Milk
Jan - 24 Assorted Cereal Assorted Muffins Chilled Juice Milk	Jan - 25 Breakfast Sandwich Chilled Juice Milk	Jan - 26 Cinnamon Rolls Assorted Cereal Chilled Juice Milk	Jan - 27 Biscuits and Gravy Chilled Juice Milk	Jan - 28 Assorted Cereal Assorted Muffins trix yogurt Chilled Juice Milk
Jan - 31 Assorted Cereal Assorted Muffins Chilled Juice Milk				

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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